



FOR IMMEDIATE RELEASE

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Date: Friday, April 7, 2017

OCPL's Seneca Branch to Host Healthy Living Workshop

(Seneca, SC) – Join us at 5:00 pm on Friday, April 7th, as healthy living enthusiast Diane Marcengill will present a workshop tailored to help you make healthy choices for your family and yourself, from what to buy at the grocery store to how to combat the effects of stress on the body. She will also outline easy ways to bring a healthy lifestyle into your life and home, the benefits of kick starting your nutritional journey, and the values of cleansing your body from harmful toxins.

For more information, contact the Seneca branch library at 882-4855.

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